

# Stress Policy & Management Procedures

January 2024

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## Keresley Newland Primary School

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## **STRESS POLICY**

Keresley Newland Primary School has adopted and implemented Coventry City Council Stress Policy.

## **SCHOOL MANAGEMENT PROCEDURES**

- In the first instance, the Head Teacher, Deputy Head, Assistant Head or the line manager must be informed if a member of staff is feeling stressed.
- An appropriate senior member of staff will meet and discuss the stress issues with the employee and consider what actions could be taken to assist in reducing stress levels.
- The member of staff will be offered a referral to occupational health for advice and support, e.g. counselling, etc.
- The member of staff will be advised that support can also be provided through their trade union.
- There will be regular review meetings scheduled to monitor stress levels where they have been identified.